



Career Pathway: Science, Math, and Health

Program Description: The term kinesiology means the study of movement and the associate of arts degree program emphasizes major preparation courses for students seeking transfer to a four-year university. Students entering the field of kinesiology can look forward to career prospects in the areas of fitness, health and wellness, athletic training, exercise science, education/coaching, and sports administration.

Course ID	Course Title	Units	To-Do List
Semester 1			
HE-035	Personal Health and Hygiene	3	1) Meet with your Advisor to confirm path & develop your 1st year Abbreviated Educational Plan. 2) Apply for financial aid and follow-up with financial aid department. 3) Begin research on four-year schools. Find out minimum transfer GPA, course & major requirements. JobSpeaker O*NET 4) Begin research on careers through Job Speaker or O*NET:
ENG-001A*	Composition and Reading	3	
NC-200**	College Reading and Writing Preparedness	0	
KINES-001*	Introduction to Kinesiology	3	
PE-ACTIVITY*	PE-ACTIVITY COURSE	1	
PHIL-003	Introduction to Ethics	3	
Total Semester 1 Units		13	
Semester 2			
MATH-025*	Introduction to Statistics	4	1) Meet with your Counselor to discuss your progress & complete your Comprehensive Educational Plan. 2) Meet with your Faculty Mentor to discuss program pathway, career options, & finalize class options.
NC-202**	Introduction to Statistics Support	0	
KINES-002* or PSYCH-029*	Introduction to Sport and Exercise Psychology or Introduction to Sport & Exercise Psychology	3	
NUT-001*	Basic Nutrition	3	
CHEM-002A	Introductory Chemistry	4	
PE-ACTIVITY*	PE-ACTIVITY COURSE	1	
Total Semester 2 Units		15	
Semester 3			
COM-001* or COM-004*	Elements of Speech or Small Group Dynamics and Presentation	3	1) Prepare documentation for college application & apply to four-year schools of choice by the deadline. 2) Begin seeking four-year funding outlets such as scholarships & aid. 3) Renew financial aid.
BIO-032*	Human Anatomy	4	
HIST-017A or HIST-017B	History of the United States 1492-1877 or History of the United States 1865-PRESENT	3	
ENG-003 or SOC-002	Critical Thinking and Writing or Critical Thinking and Social Problems	3	
PSYCH-001	Introductory Psychology	3	
Total Semester 3 Units		16	
Semester 4			
BIO-035*	Human Physiology	4	1) Petition to Graduate to receive your degree & commencement ceremony information.
POLSCI-001	American Government	3	
ART-042 or MUS-042	Art Appreciation or Music Appreciation	3	
KINES-048	First Aid and Safety	3	
KINES-046*	Care and Prevention of Athletic Injuries	3	
Total Semester 4 Units		16	
Total Program Units		60	

*A grade of "C" or higher required for ENG, MATH, COM and all major courses.

**If placement requires concurrent enrollment in support course.



**Kinesiology AA
Recommended Pathway**

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Semester 1			
HE-035	Personal Health and Hygiene	3	1) Meet with your Advisor to confirm path & develop your 1st year Abbreviated Educational Plan. 2) Apply for financial aid and follow-up with financial aid department.
ENG-001A*	Composition and Reading	3	
NC-200**	College Reading and Writing Preparedness	0	
Total Semester 1 Units		6	
Semester 2			
KINES-001*	Introduction to Kinesiology	3	1) Begin research on four-year schools. Find out minimum transfer GPA, course & major requirements. 2) Begin research on careers using JobSpeaker and O*NET
PE-ACTIVITY*	PE-ACTIVITY COURSE	1	
PHIL-003	Introduction to Ethics	3	
Total Semester 2 Units		7	
Semester 3			
MATH-025*	Introduction to Statistics	4	1) Renew financial aid.
NC-202**	Introduction to Statistics Support	0	
KINES-002* or PSYCH-029*	Introduction to Sport and Exercise Psychology or Introduction to Sport & Exercise Psychology	3	
Total Semester 3 Units		7	
Semester 4			
NUT-001*	Basic Nutrition	3	1) Meet with your Counselor to discuss your progress & complete your Comprehensive Educational Plan. 2) Meet with your Faculty Mentor to discuss program pathway, career options, & finalize class options.
CHEM-002A	Introductory Chemistry	4	
PE-ACTIVITY*	PE-ACTIVITY COURSE	1	
Total Semester 4 Units		8	
Semester 5			
COM-001* or COM-004*	Elements of Speech or Small Group Dynamics and Presentation	3	1) Renew financial aid.
BIO-032*	Human Anatomy	4	
Total Semester 5 Units		7	
Semester 6			
HIST-017A or HIST-017B	History of the United States 1492-1877 or History of the United States 1865-PRESENT	3	1) Prepare documentation for college application & apply to four-year schools of choice by the deadline. 2) Begin seeking four-year funding outlets such as scholarships & aid.
ENG-003 or SOC-002	Critical Thinking and Writing or Critical Thinking and Social Problems	3	
PSYCH-001	Introductory Psychology	3	
Total Semester 6 Units		9	
Semester 7			
BIO-035*	Human Physiology	4	1) Renew financial aid.
POLSCI-001	American Government	3	
ART-042 or MUS-042	Art Appreciation or Music Appreciation	3	
Total Semester 7 Units		10	
Semester 8			
KINES-048	First Aid and Safety	3	1) Petition to Graduate degree & commencement ceremony information.
KINES-046*	Care and Prevention of Athletic Injuries	3	
Total Semester 8 Units		6	
Total Program Units		60	

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